

ST. WENCESLAUS TRACK & FIELD POLICY

The mission of the St. Wenceslaus Athletic Committee is to provide a positive experience while teaching the basics of track & field in a Christian atmosphere.

This Policy must be agreed to by all players and parents/guardians before participating as a player on any St. Wenceslaus team. At least one of the player's parents/guardians must agree to and affix an electronic signature verifying that they have read the policy and agree to abide by the policies of the Athletic Department and Football Program. ***All players and coaches must register through the on-line registration process prior to participating in a practice or game. Coaches may not allow any youth to practice or play without the necessary parent registration.***

SAFE ENVIRONMENT

All track & field coaches (both head and assistant) must be certified by the Archdiocese of Omaha as having completed the Safe Environment Training and having a background check completed prior to coaching at St. Wenceslaus. The St. Wenceslaus Track & Field Committee is responsible for making sure that all coaches are certified.

Any clinic or camp attended by a team in an environment where a coach, staff member, or volunteer is not Safe Environment trained will need to have a Safe Environment trained coach or staff member in attendance at the entire clinic or camp in which the team is attending.

TEAM SELECTION

In order to participate in St. Wenceslaus Track & Field a player must:

- Meet the eligibility requirements set out by the PAL League
- Attend 5-day School or the St. Wenceslaus Catechetical program
- Be a member of St. Wenceslaus Parish and attend another Catholic school that does not have a PAL League.
- Meet all eligibility requirements set out by St. Wenceslaus School. If a student is deemed ineligible to participate in extra-curricular activities due to grades or conduct, the student will not be allowed to attend or participate in practices or any other aspect of the activity until all requirements are met and the student is again deemed eligible.
- Complete an online Track & Field registration form.
- Remit payment of the fee to the Track & Field Coordinator

Any 6th, 7th or 8th grade girl or boy who is a member of St. Wenceslaus Parish can participate in Track & Field. Each participant will return a parental consent form and registration fee before the first day of practice. An informative parent meeting is held prior to the start of the track season with notification in the school newsletter and church bulletin.

PRACTICES

- Practices are held 2-3 times per week immediately after school for approximately 1 hour.
- Practices will be held the majority of time at St. Wenceslaus field using our jumping pit, high jump and hurdles. We are also able to do our distance running there. Kiewit Middle School and Skutt High School allow us a few practices each season on their track.
- **No practices will be held after 4:00 p.m. on Saturday and before 2:00 p.m. on Sunday.**

PLAYING TIME

- Each Track & Field participant will have an opportunity to participate in a track & field event at each meet in our division. An event can be one of the following: 4x100, 4x200, 4x400, 60m hurdles, 100m, 200m, 400m, 800m, 1600m, high jump, long jump, triple jump, or shotput. The coach will put a registered participant in at least one of these events at each divisional meet attended. The Supermeet will be for participants who have placed individually throughout the regular season. If more participants are needed for the Supermeet, coaches will go by the best times and distances of individuals.
- All players should make a commitment to his/her team and teammates.
- By missing required practices, he/she could see playing time reduced.

GAMES

- We compete in the PAL League which consists of 14 schools. The season begins in mid-March and lasts 6-7 weeks.
- 4 – 5 meets are hosted during the season, usually on Saturdays.
- **No meets will be held on or in St. Wenceslaus facilities from 4:00 p.m. on Saturday until 2:00 p.m. on Sunday.**

GRIEVANCES

- Grievances will first be addressed by the Chairperson of the sport involved. This Chairperson will then take the grievance to the Committee of that sport for resolution. If the issue cannot be resolved by that Committee, the Chairperson will take the issue to the President of the Athletic Committee. The President, at his/her discretion, will either contact all members by email or call a special meeting of the Athletic Committee to resolve the issue. The Athletic Committee will gather information, follow-up with the aggrieved party to allow for due process, make a decision and follow through with this decision. Anonymous complaints will not be considered.
- In the event that a grievance involves a coach who is also the chairperson of that sport, the issue may be addressed directly with either the President or the Secretary of the Athletic Committee.

Track & Field Chairperson:	Chris Korth	Phone Number: (402) 315-9953
Athletic Committee President:	Chris Pokorny	Phone Number: (402) 289-5098

EVALUATIONS

In order to improve the overall quality of coaching and the Track and Field program at St. Wenceslaus, evaluation forms will be available (via the website) to the parents/guardians of the participants at the conclusion of the season. We encourage these forms to be filled out. Responses will remain anonymous and we will make them available to the Athletic Committee and individual coaches.

St. Wenceslaus Track & Field Policy

With my electronic signature, which I voluntarily affix to this agreement, I acknowledge that I have read the Track & Field Program policy, reviewed the policies with my child and we agree to abide by the policies as stated.

As a parent and/or legal guardian, I remain legally responsible for any personal actions taken by the minor listed below. I agree on behalf of myself, my child named herein, and our heirs, successors, and assigns, to hold harmless and defend St. Wenceslaus Parish, its officers, directors, employees and agents, and the Archdiocese of Omaha, its employees and agents, chaperones, or representatives associated with this activity, from any claim arising from or in connection with my child participating in this athletic activity or in connection with any illness or injury (including death) or cost of medical treatment in connection therewith, and I agree to compensate the parish, its officers, directors and agents, and the Archdiocese of Omaha, its employees and agents and chaperones, and representatives associated with the activity for reasonable attorney's fees and expenses which they may incur in any action brought against them as a result of such injury or damage, unless such claim arises from the negligence of the parish/diocese.